



Tibet Tours Newsletter

February 2011



INSPIRING QUOTE

"We are what we think. All that we are arises with our thoughts. With our thoughts, we make the world."

Buddha

Kalachakra stupa for Australia

A Kalachakra stupa for peace is to be built at the Crystal Cave in Byron Bay. It will be one of seven stupas in the world and a wonderful gift for Australia. The stupa is expected to take a year or so to complete and has been blessed



by His Holiness the Dalai Lama, Karmapa, Gaden Tripa and His Holiness Sakya Trizin. The project was kicked off in December when the Gyuto Monks of Tibet and local indigenous people blessed the site and connected with local spirits and removed obstacles gaining permission and blessing for the auspicious project. The structure will be 8 metres and filled with many sacred objects, scriptures and relics. Forty handmade brass Mani prayer wheels are currently being made by hand by a family in the Kathmandu valley.

Sacred Site Feature

Lhamo Latso - the Lake of Visions

If you have seen the movie Kundun about the life of the young Dalai Lama from his birth, through to being enthroned and then passing over the Himalayas into exile in India you will be familiar with this great spiritual site in Tibet, a full day's drive from the capital Lhasa. Lhamo is the spiritual guide and protector of the Dalai Lamas and therefore Tibet and this oracle lake is named for this great spiritbeing, for Lhamo resides strongly here. As portrayed in the film the regent who governs Tibet once a Dalai Lama has left his body and whose duty it is to locate the next incarnation, travels to Lhamo Lhatso Lake and performs rituals to receive guidance and visions as to the birth place of the next Dalai Lama. But the lake is not just used for this purpose, many lamas and pilgrims visit the lake to receive personal guidance and spiritual blessings. To approach the lake shore is a treacherous journey which would need a week to take comfortably, most people rather visit this beautiful pass where they can commune with the spirit that resides at the lake for blessings and insight into their spiritual path.

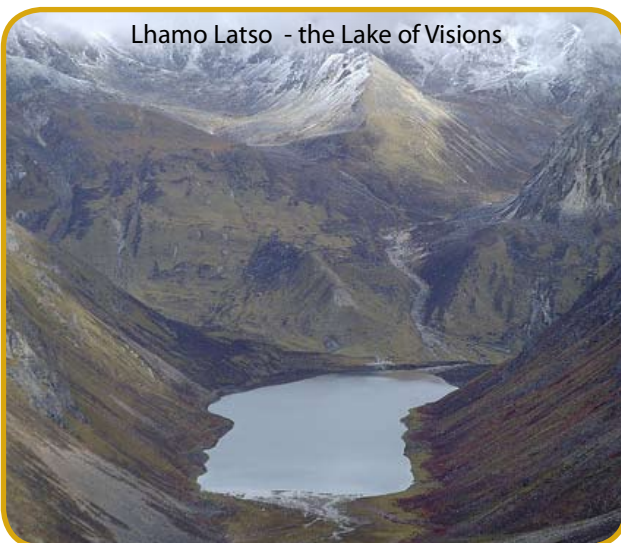
Mount Kailash & Tibet

30 June - 22 July 2011 \$6995

We still have places available for this ultimate pilgrimage. Gang Rinpoche or Snow Jewel, Kailash is an incredibly sacred place of potent spiritual power. We will complete a kora (devotional circumambulation) of Mount Kailash and also explore the major religious and cultural sites of Tibet, spending five days in Lhasa and visiting sacred sites (including Lhamo Lhatso the lake of visions) and monasteries on the way to the high plateau.

We will be camping in traditional Tibetan tents and for those not able to walk the kora you can drive the kora now, so this option is still a powerful way to soak up the energies of this incredible place. We work with local Tibetans and have excellent drivers and guides to make this a comfortable yet potent experience.

Book early, tour is filling fast!



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